

Pan Roasted Chicken

Thyme-marinated chicken breast, rustic mashed potatoes, mixed vegetables, and morel sauce



WIMS# 22045

Allergens: milk, soy

Pan-Roasted Chicken Breast	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (408 g)
Amount per serving	
Calories	
	510
% Daily Value*	
Total Fat 26g	33%
Saturated Fat 8g	41%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 900mg	39%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	8%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 42g	
Vitamin D 0.00mcg	0%
Calcium 77mg	6%
Iron 2.7mg	17%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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