

# Bourbon Apple Crepes

Bourbon apple breakfast crepe with cinnamon cr me anglaise (*Vegetarian*)



WIMS #: 26595

Allergens: egg, milk, wheat

Bourbon Apple Crepe Meal

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (311 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>500</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 79g	<b>29%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 48g	
Includes 11g Added Sugars	<b>22%</b>
<b>Protein</b> 9g	
Vitamin D 0.03mcg	0%
Calcium 260mg	22%
Iron 1mg	6%
Potassium 610mg	15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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