

# Pan-Asian Meatballs (Vegan)

Pan roasted plant-based meatballs in coconut curry Masala sauce, over basmati rice with curried cauliflower, chickpeas, peppers, scallions, raisins, and cashews.



WIMS #: 17915

Allergens: tree nuts, soy, sesame

Pan Asian Style Vegan Meatball Dinner

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (396 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>670</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 27g	<b>35%</b>
Saturated Fat 13g	<b>65%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 1510mg	<b>66%</b>
<b>Total Carbohydrate</b> 86g	<b>31%</b>
Dietary Fiber 10g	<b>36%</b>
Total Sugars 5g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 27g	
Vitamin D 0.18mcg	0%
Calcium 581mg	47%
Iron 15mg	93%
Potassium 1100mg	25%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

© 2024 MenuTrinfo, LLC