

# Chicken Fettuccine Alfredo

Chicken alfredo fettuccine with broccoli, oven dried tomatoes and parmesan.



WIMS #: 15010

Allergens: Egg, Milk, Soy, Wheat

Chicken Alfredo Dinner

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (382 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>950</b>
% Daily Value*	
<b>Total Fat</b> 51g	<b>65%</b>
Saturated Fat 14g	<b>70%</b>
<i>Trans</i> Fat 1.0g	
<b>Cholesterol</b> 125mg	<b>42%</b>
<b>Sodium</b> 1190mg	<b>52%</b>
<b>Total Carbohydrate</b> 87g	<b>32%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 11g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 39g	
Vitamin D 0.00mcg	<b>0%</b>
Calcium 262mg	<b>22%</b>
Iron 5mg	<b>30%</b>
Potassium 370mg	<b>8%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.