

## Cycle 2

# Rum Raisin Breakfast Bake

Chunks of challah bread in a rum-raisin royal batter, baked with raisins and served with fresh strawberries, country pork sausage links, and maple syrup



WIMS# 38110

Allergens: Egg, Milk, Soy, Wheat

Baked Rum Raisin French Toast

## Nutrition Facts

1 servings per container

**Serving size**

**1 meal (326 g)**

**Amount per serving**

**Calories**

**730**

**% Daily Value\***

**Total Fat** 31g **39%**

Saturated Fat 14g **69%**

*Trans* Fat 0g

**Cholesterol** 105mg **35%**

**Sodium** 680mg **29%**

**Total Carbohydrate** 104g **38%**

Dietary Fiber 0g **0%**

Total Sugars 71g

**Protein** 15g

Vitamin D 0.00mcg **0%**

Calcium 135mg **12%**

Iron 1.8mg **10%**

Potassium 280mg **7%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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