

Korean BBQ Short Rib

Slow braised short rib, tomatoes, Korean BBQ sauce, crispy fried rice, and sugar snap peas



WIMS# 30359 Allergens: Fish (Anchovy), Sesame, Soy, Wheat

Korean BBQ Short Rib

Nutrition Facts

1 servings per container
Serving size 1 meal (279 g)

Amount per serving
Calories **610**

% Daily Value*

Total Fat 36g **46%**
 Saturated Fat 11g **53%**
 Trans Fat 0g

Cholesterol 95mg **31%**

Sodium 1710mg **74%**

Total Carbohydrate 46g **17%**

Dietary Fiber 3g **12%**

Total Sugars 20g

Protein 28g

Vitamin D 0.00mcg **0%**

Calcium 72mg **6%**

Iron 3.6mg **22%**

Potassium 350mg **8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.