

Cycle 1

# Strawberry Goat Cheese Salad

Arcadian lettuce, goat cheese, strawberries, honey caramelized walnuts, raspberry vinaigrette



WIMS# 30360 Allergens: Milk, Tree Nuts (walnuts)

Strawberry Goat Cheese Salad

Nutrition Facts	
1 servings per container	
Serving size	1 meal (213 g)
Amount per serving	
Calories	340
	% Daily Value*
<b>Total Fat</b> 25g	<b>32%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 20g	
<b>Protein</b> 10g	
Vitamin D 0.00mcg	0%
Calcium 66mg	6%
Iron 1.0mg	6%
Potassium 300mg	7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.