

Cycle 2

Chilled Sesame Chicken with Long Noodles

Sesame marinated chicken breast, yakisoba noodles, sugar snap peas, carrots, edamame, scallions, and cilantro, served with chili crisp, toasted sesame dressing, and Fresno chiles



WIMS# 38114 Allergens: Egg, Sesame, Soy, Wheat

Chilled Sesame Chicken and Long Noodle Salad

Nutrition Facts

1 servings per container
Serving size 1 meal (292 g)

Amount per serving
Calories 540

% Daily Value*

Total Fat 38g 49%

Saturated Fat 6g 29%

Trans Fat 0g

Cholesterol 80mg 26%

Sodium 2300mg 100%

Total Carbohydrate 33g 12%

Dietary Fiber 5g 17%

Total Sugars 15g

Protein 25g

Vitamin D 0.00mcg 0%

Calcium 212mg 18%

Iron 4.7mg 28%

Potassium 510mg 13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.