



All Cycles

Kosher Breakfast Meal – Available by Reservation

Cheese Omelet, Potato Hash & Ratatouille



Omelet with Cheese, Mushrooms And Potatoes		
Nutrition Facts		
Serving size 8.5 oz (241 g)		
Servings per container 1		
Amount per serving		
Calories 280		
Calories from fat 130		
	% Daily Value *	
Total fat 15 g	23%	
Saturated fat 4 g	20%	
Trans fat 0 g		
Cholesterol 175 mg	58%	
Sodium 680 mg	28%	
Total carbohydrates 27 g	9%	
Dietary fiber 4 g	16%	
Sugars 2 g		
Protein 12 g		
Vitamin A 10%	•	Vitamin C 10%
Calcium 15%	•	Iron 8%
* % Daily Values are based on a 2000 calorie diet.		
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WIMS# 27013

Allergens: Eggs, Milk, Wheat