

Three Cheese Omelet

Classic rolled omelet with Swiss, pepper jack, and cheddar cheeses. Served with red bliss potatoes, peppers, onion, parsley and scallions.



Allergens: Eggs, Milk, Wheat

Three Cheese Omelet w/ Potatoes

Nutrition Facts	
1 servings per container	
Serving size	1 meal (202 g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 26g	33%
Saturated Fat 10g	51%
Trans Fat 0g	
Cholesterol 285mg	95%
Sodium 470mg	20%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 2g	
Protein 13g	
Vitamin D 0.10mcg	0%
Calcium 180mg	16%
Iron 2.1mg	13%
Potassium 430mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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