

## Cycle 2

# Mixed Berry Mascarpone Deep Dish Pancake

A deep dish pancake stuffed with mascarpone and mixed berries, served with fresh berries and syrup.



Allergens: Egg, Milk, Soy, Wheat

Mixed Berry Deep Dish Pancake

## Nutrition Facts

1 servings per container

Serving size

1 meal (258 g)

Amount per serving

Calories

590

% Daily Value\*

**Total Fat** 20g **26%**

Saturated Fat 10g **50%**

*Trans Fat* 0g

**Cholesterol** 100mg **33%**

**Sodium** 560mg **25%**

**Total Carbohydrate** 98g **35%**

Dietary Fiber 3g **10%**

Total Sugars 73g

**Protein** 8g

Vitamin D 0.00mcg **0%**

Calcium 151mg **14%**

Iron 2.7mg **17%**

Potassium 340mg **8%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.