

Wild Mushroom Omelet

A classic hand-rolled omelet with cremini, shiitake, and black trumpet mushrooms. Served with Yukon Gold potatoes.



Allergens: Egg, Milk, Wheat

Wild Mushroom Omelet w/ Potatoes

Nutrition Facts	
1 servings per container	
Serving size	1 meal (217 g)
Amount per serving	
Calories	310
% Daily Value*	
Total Fat 22g	29%
Saturated Fat 8g	41%
<i>Trans</i> Fat 0g	
Cholesterol 270mg	90%
Sodium 590mg	25%
Total Carbohydrate 18g	7%
Dietary Fiber 2g	5%
Total Sugars 3g	
Protein 10g	
Vitamin D 0.00mcg	0%
Calcium 95mg	8%
Iron 2.1mg	14%
Potassium 510mg	13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.