

Cheese and Fruit Plate

Comté, aged Piave and creamy goat cheese, served with red grapes, Macona almonds, dried apricots and fig compote



Allergens: Milk, Tree Nuts (almonds)

Cheese and Fruit Plate - Cycle 1

Nutrition Facts

1 servings per container	
Serving size	1 plate (184 g)
Amount per serving	
Calories	520
% Daily Value*	
Total Fat 33g	43%
Saturated Fat 17g	86%
Trans Fat 0g	
Cholesterol 75mg	26%
Sodium 530mg	23%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	8%
Total Sugars 23g	
Protein 25g	
Vitamin D 0.00mcg	0%
Calcium 567mg	46%
Iron 1.0mg	6%
Potassium 380mg	9%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.