

Slow-Poached Shrimp

Slow-poached jumbo shrimp with garlic olive oil, citrus forbidden rice, snap peas, carrots, and lemon buerre blanc



Allergens: Soy, Wheat

Slow Poached Jumbo Shrimp

Nutrition Facts	
1 servings per container	
Serving size	1 meal (274 g)
Amount per serving	
Calories	430
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 12g	59%
<i>Trans Fat</i> 3g	
Cholesterol 165mg	56%
Sodium 1120mg	49%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 2g	
Protein 19g	
Vitamin D 0.00mcg	0%
Calcium 60mg	5%
Iron 1.5mg	9%
Potassium 260mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.