

Kosher Meal – Available by Reservation

Chicken with Herb Orzo, Green Beans and Tomato Pepper Sauce



WIMS CODE # 27014 Allergens: Eggs, milk, wheat

Roasted Chicken with Mushrooms And Carrots		
Nutrition Facts		
Serving size 13.0 oz (368 g)		
Servings per container 1		
Amount per serving		
Calories 490		
Calories from fat 70		
	% Daily Value *	
Total fat 8 g	12%	
Saturated fat 1.5 g	8%	
Trans fat 0 g		
Cholesterol 75 mg	25%	
Sodium 730 mg	30%	
Total carbohydrates 69 g	23%	
Dietary fiber 6 g	24%	
Sugars 9 g		
Protein 38 g		
Vitamin A 60%	•	Vitamin C 15%
Calcium 4%	•	Iron 10%
* % Daily Values are based on a 2000 calorie diet.		
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