



PRODUCT SPECIFICATION SHEET

Product: **PETITE FRUIT, GRANOLA & YOGURT PARFAIT**

Product Code: **10668** UPC Code: **813141026682**

USDA: **NO**

Product Description: Vanilla Yogurt, Granola, Strawberries & Blueberries

Ingredient and Allergen Information:

INGREDIENTS; Vanilla Yogurt (cultured pasteurized lowfat milk, sugar, whey protein concentrate, nonfat milk solids, whey, vanilla extract); Granola (Whole Grain Oats, Sugar, Rice Flour, Canola and/or Sunflower Oil, Honey, Maltodextrin, Molasses, Salt, Barley Malt Extract, Baking Soda, Natural Flavor, Rosemary Extract. Vitamin E (mixed tocopherols) Added to Preserve Freshness); Blueberries; Strawberries

CONTAINS MILK, WHEAT, SOY

NET WT 6oz (170g)

Serving Size: 1 Container

Heating Instructions: N/A

Nutritional Information:

| Nutrition Facts | |
|---|---------------------------|
| Serving Size 6 oz (170g) | |
| Servings per Container 1 | |
| Amount per Serving | |
| Calories 230 | Calories from Fat 25 |
| % Daily Value* | |
| Total Fat 2.5g | 4% |
| Saturated Fat 1.5g | 6% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 10mg | 3% |
| Sodium 140mg | 6% |
| Total Carbohydrate 46g | 15% |
| Dietary Fiber 3g | 10% |
| Sugars 28g | |
| Protein 7g | |
| Vitamin A 0% | Vitamin C 15% |
| Calcium 15% | Iron 10% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Sat Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram | |
| Fat 9 • Carbohydrates 4 • Protein 4 | |